Now Accepting Applications for 2020 Summer Intensives

Realize Your Potential in a Community of Passionate Artists

The ADF school is a place for dance artists who want to study, perform, create, research, and build lifelong connections in an immersive, meaningful community. For over eight decades, ADF has been a career-defining destination for dancers around the world, a place where
movers learn from each other, generate new ideas together, share their
stories, and form lasting relationships.

Apply Now!

2020 Summer Intensives
Audition Information

"ADF was a dense, life-changing period of time
where I had all the resources I needed to grow as a
dancer, artist, and human."
-Hana Huie, 2019 Summer Dance Intensive student

Help the next generation of young artists grow!

Winter/Spring Registration Now Open!
Summer Dance Intensive

More than 50% of ADF Summer Dance Intensive students receive some form of financial assistance. Students dependent on a scholarship to attend the ADF School are urged to apply early and explore multiple avenues of financial assistance in addition to ADF's scholarship offerings. All ADF scholarships are awarded based on financial need.

The live audition begins with a short class based in a contemporary movement form, followed by time allotted for each dancer to have 1.5 minutes to present their area of expertise. See the audition schedule and learn more here.

Pre-Professional Dance Intensive

All students must attend either a live audition or submit a video dance audition for dance skill level assessment. In addition, all other
application steps must be completed, regardless of attending a live audition or submitting a video audition.

There is no advantage to attending an ADF audition class live versus submitting a video. All students will be considered equally, and both live classes and video submissions require students to demonstrate modern technique, another dance technique or style of their choice, and creativity and performance (via performance of a 1-minute self-choreographed solo or improvisation).

See the audition schedule and learn more here.

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**Work with us in 2020!**

Every summer ADF’s Scripps Studios host a full roster of dance camps. We offer simultaneous experiences for different ages and week-by-week booking, so camps can be booked individually or consecutively. Book any 2 or more weeks per household and get 10% off your entire purchase! (Offer does not apply to any Pilobolus Camp)

**ADF Dance Adventures (Ages 6-8)**

**ADF Summer Dance Days (Ages 9-12)**

**ADF Teen Dance Camp (Ages 13-17)**

**ADF Shadow Camp with Pilobolus (Ages 9-11)**

**ADF Shadow Camp with Pilobolus (Ages 12-14)**

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**Year-Round Employment**
Alexander Technique in Motion: A mid-day restorative practice with Glenna Batson  
Mondays 12:30-1:15pm  
January 6-February 24  
$15/class or $80 for full 8 class series

This class is designed for those wanting to put a potent pause in a busy day. The class will draw from the Alexander Technique - an approach to understanding postural support and reducing mind-body stresses in everyday living. You'll gain an appreciation for ease in simple functional movements. You'll learn how brain and body work together in unique ways for mindful standing, sitting, walking, and even resting. The exercises are designed to shift your thinking from stressful reactions to becoming more present and
Submission deadline is February 14!
All accepted filmmakers receive tickets to ADF performances, opportunities to take and observe classes and workshops during ADF's dynamic summer festival, and the opportunity to meet and network with other artists! Come celebrate great art with us and show your films!

Sara Juli's
Burnt-Out Wife
at Dixon Place in NYC
February 21-22 & February 27-28, 7:30pm
and during the ADF 2020 season!

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supported. The ease and effortlessness you learn in class will restore a sense of peaceful and pleasurable embodiment. What you take home, you can practice in daily living, offering you a means of transforming stress on the go. All are welcome to join this lunch-time series at any point.

*Afro-Horton Technique with Jasmine Powell
January 6-February 24
Mondays 6:30-8:00pm
$96 for full 8 class series

Drawing on traditional West African and modern-based Horton practices, dancers will activate muscle groups through codified exercises involving fast-and-slow-twitch muscle sequences present in both dynamic styles. Our focus will be incorporating grounded rhythmic syncopation along with lengthened suspensions through precision and strength. Layering sequences with body isolations, each weekly combination will foster full-bodied physicality and expression, which will explore the organic embodiment of converging dance forms.
"'Burnt-Out Wife' is a master storyteller channeling over-the-top humor to help us digest a very serious topic..." - Portland Press Herald

Maine-based artist Sara Juli’s brings her latest feminist solo, Burnt-Out Wife, to Dixon Place in NYC. Taking on topics such as intimacy, loneliness, monogamy, and other marital taboos, Juli employs her comedic text-driven dance style to explore the decay and detritus of marriage with equal parts wit and vulnerability. Taking place in a Pepto-Bismol pink bathroom, this evening length dance-theater-comedy will spark intimate conversations while blowing up the institution with humor, reflection, and a complete re-imagining.

Created and performed by Sara Juli with dramaturgy by Michelle Mola, set design by Pamela Moulton, costumes by Carol Farrell, sound design by Ryan MacDonald, and lighting design by David Ferri. For mature audiences only.

Buy Tickets here!

*Community Moves - BASIC with Megan Yankee
January 7-February 25
Tuesdays 5:30-6:45pm
$96 to enroll for full 8 class series

Community Moves: Basic is an intersectional, intergenerational modern dance class designed to unite people of all experience levels through movement including beginners! Students can expect exercises to be taught at a gradual, gentle pace that focuses on developmental movement patterning, balance, breathing, and simple choreography. Megan offers exercises in such a way that empowers students to individually modify movements for more or less challenge. Students are encouraged to interact, help each other create mini-dances, and celebrate their unique and shared movement experiences throughout class. In addition to focusing on precision, the class is intended to embolden new movers and provide a gentle weekly practice for more experienced movers at the same time.

*Int/Adv Contemporary Practice
with Megan Yankee
ADF Executive Director Visits Seoul

Vadim Kasparov and Wansoon Yook

Join Megan for a studio practice that explores and refines releasing techniques, improvisation, sequentiality, spirals and momentum, as well as off-center and upside-down play. Class begins on the floor, progresses through developmental movement patterns, then gradually rises to dynamic center and traveling phrases. Material is approached in a manner that douses competitiveness in favor of encouraging curiosity and knowledge-sharing among a supportive community of intermediate/advanced movers.

Ballet Master Class with Matt Pardo
Saturday, January 18, 1:30-3:00pm
$5
ADF Executive Director Jodee Nimerichter recently returned from China only to fly back to Asia to serve on the dance council for the 2019 Seoul International Choreography Festival at the invitation of longtime colleague Wansoon Yook. During the festival, Jodee saw over sixty dances including a wonderful duet performed by ADF alumni. In addition, she bonded with four incredible international colleagues who established themselves as the "Seoul Group." The colleagues are directing festivals in Estonia, Japan, Russia, and Slovenia and it turns out that Jodee and Vadim Kasparov's paths have crossed before. In 1997, Vadim brought his wife and dancer Natalya to participate in ADF Moscow at the Stanislavsky Theatre. Jodee, Natalya, and Vadim were all in the same studio watching or taking class with Cornelius Carter! Vadim observed classes and performances and ended up starting his own ballet class utilizes classical technique in contemporary ways and asks students to adapt the technique on themselves, not the other way around. Participants can expect a normal ballet class structure but should also expect to engage in combinations aimed specifically at accessing transitional elements of movement, at identifying and utilizing individual nuances, and at integrating performative value into movement.

Dancing With Parkinson's
January 30-April 9, 2020 (no class March 26)
Thursdays 11am-1pm
FREE
festival, Open Look, in St. Petersburg. The two are already in conversation about an ADF St. Petersburg that would celebrate the 30th anniversary of ADF's first mini-festival in Russia in 1992.

Winter Screening
February 22, 2:00pm
at the Nasher Museum of Art
FREE!

This free workshop series will use mindful movement, dance, and imagery to provide people living with Parkinson's Disease the tools to achieve increased quality of life, a reduction in the risk of falls, and a sense of personal agency. Workshops will be led by professional choreographers and dancers who will guide participants safely through a warm-up and exercises emphasizing body awareness, flexibility, balance, an enhanced relationship to the floor, the room, and other people, as well as an awakened sense of playfulness and creativity.

The fall class series follows the 2019 creation of the ADF commissioned performance: They Are All and is an integrated part of a unique 3-year project led by choreographers Tommy Noonan and Murielle Elizéon in collaboration with a diverse group of dancers living with and without Parkinson's, dance educators, physical therapists, and neuroscientists. The goal is to seed new perspectives on the positive effects of creative,
Films to be screened:

**MASS** by Fu Le
*Sirens Tango* by Lisa Lievre
*Ground-Swell* by JACKS-Kelsey Kramer and Lexie Thrash
*Between Silences* by Ali Kenner Brodsky
*The Indexical Dance-a-Thon!* by Evann Siebens
*Strategic Retreat* by Marta Renzi

Plan Ahead! Mark Your Calendars!

Mindful movement for those living with Parkinson's, and to lay the groundwork for a future formal research project.

*Class must meet minimum enrollment to run. Once minimum enrollment is met, class will open to drop-in options and regular class cards can be used.

**GET MORE INFO**

**Parkinson's Movement Initiative**

**Free!**

Dance for Parkinson's with Susan Sanger and Lindsay Voorhees
Fridays, 11:00-11:50am
Sundays, 3:00-4:15pm

Pilates for Parkinson's with Meg Poe
Mondays and Wednesdays, 2:00-3:15pm
ADF 2020 Season
June 18-July 25
Details coming in early March.

CONNECT WITH US!

americandancefestival.org