

**The Actors Fund,
for everyone
in entertainment.**



Photo: Parsons
Dance Company
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A RESOURCE FOR DANCERS

The Actors Fund has long supported the dance community in managing the demands of a life in dance. We are a national organization that fosters stability, resiliency, and provides a safety net for performing artists over their lifespan.

To assist dancers during and post-career, The Actors Fund offers:

- Career Planning and Transition
- Health, Wellness, and Support for Injured Dancers
- Emergency Financial Assistance, and Scholarships and Grants

For more info visit actorsfund.org or call **800.221.7303** (Eastern region), **312.372.0989** (Central region), or **888.825.0911** (Western region).



WORKSHOPS AVAILABLE TO THE DANCE COMMUNITY

To bring a workshop to your city, email danceoutreach@actorsfund.org.

START WHERE YOU ARE

Clarify your core values and how to make empowered career decisions based on what's important to you.

CREATIVE STORYTELLING

Articulate the moments that define your career for a dynamic social media, marketing, and branding presence.

TIME & MONEY

Acquire strategies to manage your schedule and finances to create a healthy balance in your life and career.

THE ANATOMY OF CHANGE

Achieve greater awareness of the phases of change and how to navigate inevitable life shifts in a meaningful and productive way.

DANCE(R) SUSTAINABILITY—EXPAND YOUR VISION

Survey the dance ecosystem to discover the varied niches where your dance skills can fulfill your creative and career needs.